

May 20, 2008

The CCKSF Presents:

The 2008 Grizzly Gym Tui Shou Championships!

Sunday, July 20, 2008

1085 Princess Street (2nd floor)

Kingston, Ontario

K7L 1H3

Tel: 613-483-7522 ask for Mike Martelle

Email: Mike Martelle <mikemartelle@hotmail.com>

(from 401, take Sir John A McDonald Blvd. exit, turn left onto Princess Street, Grizzly Gym is on the left-hand side across the street from Loblaws)

Opening Ceremony, Weigh-ins, and Rules meeting begin at 10am

-any participants wishing to perform a routine (Form, Lion Dance, 2-person set, demonstration, etc) during the Opening Ceremony.

Please email Mike Martelle prior to July 13: mikemartelle@hotmail.com

Tournament begins at 11am

All registrations MUST be received before July 13, 2008. Please make cheque payable to "Grizzly Gym", and send along with completed registration form to the above address.

Cost is \$25 per competitor, or \$5 per spectator or coach.

Any questions, please email mikemartelle@hotmail.com

Please note that this will be a Fixed-Step Push Hands Tournament ONLY (there will be NO Moving Step competition). Standard CCKSF Rules and Weight Classes will apply.

Format:

- Stoppage upon scoring.
- 2 x 1 minute round (one round per lead leg).
- First to score 5 points wins the round.
- If no one gets 5 points, then person with highest score at the end of the round wins.
- If tied, then match goes into overtime.
- First to score wins.

Scoring: 1 point for causing one or both of opponent's feet to leave the original starting position.

Allowed Attack Area: Under the neck and above the hip.

Violations:

- Striking and kicking
- Joint locks
- Using knee to press on opponents leg or knee
- Touching opponent outside allowed attack area
- May result in 1 point awarded to opponent or disqualification, depending on severity of infraction

as perceived by judges and referees.

Mandatory Equipment: Mouth guard; Groin protector

Divisions will be separated by both gender and weight. Weight classes:

<119 lbs. 120-139 lbs.
140-159 lbs. 160-179 lbs.
180-199 lbs. >200 lbs.

Medals will be awarded for 1st, 2nd, and 3rd places in each division. In the event that a division is poorly attended, divisions will NOT be combined, nor competitors allowed to compete in a heavier weight class; the gold and silver medalists will simply advance to the Absolute division (see below). In the event that a division is uncontested, the sole participant will be awarded the gold medal and automatically advance to the Absolute division.

Absolute division:

Once all divisions have been completed, all gold and silver medalists from all weight classes and both genders will be invited to compete against each other in the Absolute division. The Absolute Champion will receive an additional trophy.

Competitor of the Day Award:

As chosen by the officials, the participant showing the best Kuo Shu spirit will receive an additional trophy at the end of the day.

Most Inspirational Competitor Award:

Between the completion of the regular divisions and the commencement of the Absolute, all competitors will be asked to nominate a fellow participant for this award. At the end of the day, the competitor who receives the most votes will receive an additional trophy.

A celebratory dinner will follow the competition.

Individual Registration Form (PLEASE PRINT)

Please make duplications if more copies needed!

First Name: _____ Last Name: _____

Name of Martial Arts School: _____ Sifu (Instructor): _____

Martial Arts School Address: _____ email: _____

City: _____ Province: _____ Postal Code: _____ Tel: _____

Birth Date: _____ Sex: _____ Weight: _____ Age: _____

Applicant's signature: _____ Dated: _____

Parents or Guardian's signature (if under 18 years old): _____

WAIVER

I, _____, hereby submit my application for registration to the 2008 Grizzly Gym Tui Shou Championships. I agree to waive all claims against any person(s) connected with this event for any injury I may sustain during the competition. I hold myself responsible for my own actions and promise to act according to the rules and regulations of the tournament committee. I further agree that any pictures taken of me or by me in connection with the 2008 Grizzly Gym Tui Shou Championships may be used for publicity or promotion without compensation at this or any future time.